## **Religious Education**

Judaism: Who is Jewish and how do they live? (part 1)

## Key vocabulary

Judaism	The faith of Jewish people
Shema	An important Jewish prayer that shows what they believe about God
Shabbat	Shabbat is a holy day when Jewish people rest
Mezuzah	A mezuah is a small box that Jewish homes often have fastened next to their front door. It contains the words of the shema
Synagogue	The synagogue is the holy building for Jewish people where they meet to pray
Torah	This is the holy book in Judaism. The Torah is made up of the first 5 books of the Old Testament
Challah	Special bread that is eaten on the sabbath
Havdalah	The end of Shabbat.

## Key Information that you should know by the end of the unit

- Judaism is the name of the religion followed by Jewish people.
- Jewish people believe in one God.
- The Sabbath is a holy day for Jewish people because in the story of the creation, God rested on the seventh day, so Jewish people have a day of rest.
- Jewish families prepare for the sabbath on a Friday night so that they don't have to do any work on Saturday, which is the sabbath.
- On the sabbath, Jewish people go to the synagogue to pray and have a special meal with their family which will include challah bread.
- The sabbath ends with Havdalah when a blessing is said over wine and sweet spices. Finally, a multi-wicked candle is lit to show that Shabbat has ended.



Challah bread



Havdalah set



Mezuzah on door