



WEEKLY REMINDER: 29TH APRIL – 3RD MAY

Our Christian value this term is **WISDOM**

DAY	WHAT'S ON THIS WEEK
MONDAY 29th	NCSA meeting – 7pm at the Bathurst Arms ASC NETBALL
TUESDAY 30th <i>PE lessons in AM</i>	<i>Children to wear school uniform and change into PE kit.</i> 9.00am Individual music lessons ASC SATs
WEDNESDAY 1st	9:00 – 10:30am SchoolBeat – YR 5/6
THURSDAY 2nd <i>PE in PM</i>	<i>Children to wear school PE kit into school.</i> <i>Swimming (Please remember SWIMMING KIT) pickup 3.15pm</i> ASC SPORTS
FRIDAY 3rd	ASC FENCING

ADVANCED DIARY DATES	
6 th May	Bank Holiday
7 th May	Wilderness 5 th instalment Wilderness due Whole School Photo
13 th May	SATs week
21 st May	Cut the Mustard Trip – Wren Class
22nd May and 23rd May	After School Provision Closes at 4pm
22 nd – 24 th May 24 th May	Wilderness Residential – YR 5 & 6 End of term 5

ATTENDANCE

Congratulations to **** class who have won the attendance bear for the week commencing 29th April. Ernie will sit in **** class this week.

NCSA MEETING

The NCSA would like to welcome parents/carers of the school to the Bathurst Arms this coming Monday, 29th April at 7pm to discuss fundraising matters and have the opportunity to meet other parents/carers of the school in a social setting.

SWIMMING/SPORTS

If you have not paid for your child's swimming lessons already may we ask you to as soon as possible via ParentPay.

AFTER SCHOOL SPORTS CLUB

A number of places within our sports after school club on a Thursday have become available. If you would like you child to attend please email the school office, places will be given on a first come first served basis.

AFTER SCHOOL CLUB PROVISION

Please note that after school provision will close at 4pm on 22nd and 23rd May. We apologise for any convenience this may cause.

CUT THE MUSTARD TRIP

Wren Class will be taking part in a gardening workshop on Tuesday 21st May. A letter has been sent out to all parents/carers. A voluntary contribution for this trip is now available on ParentPay.

EASY FUNDRAISING



Thank you to everyone for raising donations for North Cerney Primary Academy with #easyfundraising! If you haven't signed up yet, it's

easy and completely FREE. 8,100 brands will donate to us when you use easyfundraising to do your everyday online shopping - at no extra cost to you! Every donation you raise makes a difference to us so please sign up & share today.

<https://join.easyfundraising.org.uk/northcerneyprimaryacademy/W5MVWG/at/TSX8RX7z/DM1329437/facebook/>

BIG BRUSH CLUB

The Big Brush Club are visiting our school to undertake a presentation on oral hygiene on 5th June. Please see below some useful information about this project: May we also ask all parents/carers to complete the survey on the following link: Please see below some useful information about this project. May we also ask you to complete the survey on the following link: [Parent survey](#)

After the presentation, during the term Reception children will receive some supervised brushing sessions at school, the date of this is to be confirmed. Consent forms and letters for this have been sent out

Service provided by:
AT HOME DENTAL

NHS



We're bringing supervised toothbrushing to your school!

Through supervised toothbrushing in the classroom, engaging resources and guidance, we're here to help your children to build healthy toothbrushing habits.

We're providing every child with a kit to brush once a day at school and, to support this, we are giving each child their own home pack too. We would greatly appreciate your support to encourage children with their brushing in a positive way.

Check out our website for toothbrushing tips and fun resources and videos!



Brushing together for healthy smiles

What's happening at school

Your child will be brushing their teeth each day in the classroom, but need to brush at home too!

We're committed to improving children's oral health. The aim of the supervised toothbrushing programme is for every child to brush their teeth with fluoride toothpaste once a day in the classroom and also twice a day at home, developing healthy habits which can last a lifetime.

We've trained Oral Healthcare Champions in your school and have supplied all materials, including toothbrushes, toothpaste, toothbrush racks and more!

Looking after your teeth

- ✓ **Sugary food and drinks can damage teeth.** Limit these and have at mealtimes only.
- ✓ Between meals, **drink water or milk** and try not to snack.
- ✓ **Dental check ups** are important, and everyone should have regular dental visits.



AT HOME DENTAL www.athomedental.co.uk

www.bigbrushclub.co.uk


How much toothpaste?

Under 3 yrs old:

- ✓ A smear of toothpaste
- ✓ At least 1000ppm of fluoride content

Over 3 yrs old:

- ✓ A pea-sized amount of toothpaste
- ✓ At least 1350ppm of fluoride content




Top tips for brushing

- ✓ Help children under 7
- ✓ Brush twice a day
- ✓ Brush gums too
- ✓ Brush teeth for 2 minutes
- ✓ Always use fluoride toothpaste
- ✓ Don't rinse after brushing

Fluoride makes your teeth strong!


This is to leave fluoride on your teeth to help strengthen them




www.bigbrushclub.co.uk

Be a brilliant brusher!

- 1 Outside**
Brush the outside surface of each tooth using small, wiggling, circular motions. Make sure to jiggle along every tooth down (or up) to the gums.
- 2 Inside**
Brush the inside surface of each tooth using the same circular motions. Don't forget to wiggle your brush close to the gums!
- 3 To The Back**
Brush the tops of the back teeth, where you chew, using a forward and backward motion.
- 4 To The Front**
Tilt your toothbrush vertically to brush behind each front tooth using small up and down strokes. Remember to brush both the top and bottom teeth.
- 5 Tongue**
Remember to brush your tongue. Germs and bacteria can hide here!



We know these felt awkward! Try some your brushing and teach your teeth too!



AT HOME DENTAL www.athomedental.co.uk

Brushing together for healthy smiles

EXTERNAL NOTICES

A poster for the North Cerney Scamper event. It features a blue background with a string of colorful triangular bunting flags at the top. The text '18th May 2024' is written in a white, stylized font. Below this, the title 'North Cerney Scamper' is in a large, white, sans-serif font. Underneath the title, it says 'fun-run, walk or scamper!' and '5k or 10k' in a smaller white font. In the center, there is a graphic of four stylized runners in various colors (yellow, orange, blue, red) running towards the right. At the bottom, it says 'Sign up now to our community fundraiser! organised by North Cerney Village Hall' and 'race-nation.co.uk' in white text.

18th May
2024

North Cerney Scamper

fun-run, walk or scamper!
5k or 10k

Sign up now to our community fundraiser!
organised by North Cerney Village Hall
race-nation.co.uk

This fun run being organised by the village hall to support community activities, such as the free use of the Hall by the school /NCSA/ community coffee mornings etc.

The organiser, one of our school parents is hoping to make enough money to also make a contribution to the NCSA!

It will be a fun event with people walking /running a route of 1 or 2 laps cross-country between North Cerney and Rendcomb.

Refreshments, available in the village hall, this will also double as a community coffee morning.

Everyone welcome, be they entrants, supporters or volunteers! However, this is not suitable for children due to the distance.